ERAS Overview
The Electronic Residency Application Service

MS4 Class Meeting #2
July 5, 2018
ERAS Overview

Agenda

• Review of MS4 Class Meeting #1
• Navigating ERAS
• Identifying and Applying to Programs within ERAS
Review
Timeline Review: July - August

July – August

Organize CV (follow template)

Meet with Dr. Fromme, if you have not already done so

Ask for Letters of Recommendation

Sign up for your ERAS/Graduation photo

Prepare for and submit your SVI (EM students only)

Write your Personal Statement

Send a draft to your career and specialty advisors for review

Edit your ERAS application to near completion

This timeline is designed for students applying through the regular match.
Timeline Review: August – Early September

August – early September

MSPE Review

Continue to edit your ERAS application and

Personal Statement

LORs uploaded
Timeline Review: September 5-15

September 5  Beginning of the 10-day period where you can certify and submit your ERAS application

(Programs will NOT receive apps before 9/15)

September 15  Certified ERAS applications sent to programs

NRMP Registration opens

(You must register for both ERAS and the NRMP)
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 1</td>
<td>MSPEs are released to programs</td>
</tr>
<tr>
<td>November 30</td>
<td>Deadline for NRMP registration</td>
</tr>
<tr>
<td>December 1</td>
<td>PSOM Step 2 test date deadline</td>
</tr>
</tbody>
</table>
LORs: How many letters do I need?

Categorical Programs: 3-4 total letters

- 3 clinical letters
- 1 research letter (if appropriate)

*Note: You cannot submit more than 4 letters to a single program.*

Advanced Programs: 6-7 total letters

- Prelim/Transitional Year: 3 clinical letters
- Advanced Program: 3 clinical letters
- 1 research letter (if appropriate)

*Note: Letter writers can use the same letter for both applications, as long as they are generic in their specialty recommendation.*

(i.e. “I recommend John Doe for your residency program” instead of “I recommend John Doe for your Pediatric residency program”)
LORs: Do I need a Chair’s Letter?

- Anesthesiology
- Medicine*
- Medicine-Pediatrics*
- Preliminary Medicine*
- Obstetrics and Gynecology
- Orthopedic Surgery
- Otolaryngology (Section Chief)
- Pediatrics (some programs)*
- Plastic Surgery (Section Chief)
- Surgery
- Urology (Section Chief)

*Another faculty member writes the letter in conjunction with the Chair.

Emergency Medicine utilizes a “Standardized Letter of Recommendation”, and Plastic Surgery is starting to do the same. Check with the section for details, and refer to your Residency Process Booklet.

If you are applying in both Preliminary Medicine and transitional programs, you could use the same set of letters for both if the letters are generic in their specialty designation.
# Important Staff

<table>
<thead>
<tr>
<th>Category</th>
<th>Advisor(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strategy/LoRs</td>
<td>Career Advisor, Specialty Advisor, Dr. Woodruff</td>
</tr>
<tr>
<td>Personal Statement</td>
<td>Career Advisor, Specialty Advisor</td>
</tr>
<tr>
<td>MSPE/Grade Concerns</td>
<td>Dr. Fromme</td>
</tr>
<tr>
<td>Couples’ Matching</td>
<td>Career Advisor, Dr. Woodruff</td>
</tr>
<tr>
<td>CV/ERAS Logistics</td>
<td>Rebecca Silverman</td>
</tr>
</tbody>
</table>
Navigating ERAS:
The Electronic Residency Application Service
Definitions

**ERAS**
The Electronic Residency Application Service

ERAS is the web-based program students and staff use to compile and distribute residency application components.

**NRMP**
The National Resident Matching Program

The NRMP is a nationwide non-profit organization that standardizes the residency matching process. Students submit rank lists to NRMP, *not* through ERAS.

*You must register for both ERAS and the NRMP!*
Register

Welcome to MyERAS
myeras@aamc.org
Sent: Thu 6/7/2018 1:35 PM
To: Silverman, Rebecca [PSM]

Dear Dr. Rebecca Silverman,

Welcome to MyERAS! Your AAMC ID is 13909272 and your User Name is RSILVERMANBSD.
You will use this User Name to access all AAMC applications.

To return to MyERAS, or if you need additional information on ERAS, please visit
www.aamc.org/eras.

Things to remember:
1. All passwords are case-sensitive. The password 'DOCTOR' is not the same as the password 'doctor'.
2. You will not be able to certify your application until September 5th at 9:00 AM ET.
3. Being registered with ERAS does not mean that you are registered with the NRMP or any other Match. To register with the NRMP visit their Web site:
www.nrmp.org

Sincerely,

MyERAS Support
myeras@aamc.org
MyERAS Dashboard

Due to scheduled maintenance, MyERAS will be unavailable on Sunday, June 24th 4:00 AM ET to Sunday, June 24th 10:00 AM ET. Our apologies for any inconvenience this may cause.

Application
- Personal Information: Incomplete
- Biographic Information: Incomplete
- Education: Incomplete
- Experience: Incomplete
- Licensure: Incomplete
- Publications: Incomplete

Documents
- Uploaded but Unassessed Loans: 0
- Unassessed Personal Statements: 0
- MS Transcript: Not Uploaded
- MSPE (Dean’s Letter): Not Uploaded
- Photo: Not Uploaded

Programs
- Saved Programs: 0
- Programs Applied to: 0

Resources
- Please visit our Tools for Residency Applicants for useful information on the ERAS process.
- MyERAS Terms and Conditions

Contact ERAS
- ERAS Support Contact Form
  (202) 852-6254
  Monday - Friday 8am - 6pm ET

Before selecting "Yes", please verify that your email address is correct in the "Personal Information" tab under the "Application" section. Are you planning to apply for a residency position at an ACGME-accredited Emergency Medicine program? If you select "Yes", you will receive an invitation to complete the AAMC Standardized Video Interview, which is required for ACGME Emergency Medicine programs. You may change your selection from "Yes" to "No" at any point before you complete the interview. Your response to this question will not be displayed in your MyERAS ApplicationCV. The specialty requested that all applicants complete the AAMC Standardized Video Interview between 09:00 AM ET on June 7 and 11:59 PM ET on July 15, 2018.
Application
ERAS Personal Information (continued)

- Application
  - Personal Information
    - U.S. citizen
    - Citizenship
    - State or province of residence
  - Match Information
    - NRMP Match
      - Participant in NRMP match
        - NRMP ID
      - Participating as a couple
    - Urology Match
      - AUA Member Number
        - Required for Urology Match

Information about the NRMP Match
ERAS Personal Information (continued)
Biographic Information—Optional

Application
Personal Information
Biographic Information
○ General
○ Self Identification
○ Language Fluency
○ Military Information
○ Additional Information

Save Biographic Information

Education
Experience
Licensure
Publications
Certify & Submit

Self Identification

If you reside in the European Union, do not answer this question. Please ignore this section.

This section allows you to indicate how you self-identify. You must select a major category prior to being able to select a sub-category. Sub-categories will be disabled until a major category is selected. When selecting “Other” as a sub-category, the text field is limited to 120 characters but is not a required field. If you prefer not to self-identify, please ignore this section.

How do you self-identify? Please select all that apply.

☐ Hispanic, Latino, or of Spanish origin
☐ Argentinean
☐ Colombian
☐ Cuban
☐ Dominican
☐ MexicanChicano
☐ Peruvian
☐ Puerto Rican
☐ Other Hispanic:

☐ American Indian or Alaskan Native
☐ Tribal affiliation:

☐ Asian
☐ Bangladeshi
☐ Cambodian
☐ Chinese
☐ Filipino
☐ Indian
☐ Indonesian
☐ Japanese
☐ Korean
☐ Lao
☐ Pakistani
☐ Taiwanese
☐ Vietnamese
☐ Other Asian:

☐ Black or African American
☐ African American
☐ Afro-Caribbean
☐ African
☐ Other Black:

Save Biographic Information
Biographic Information (continued)

<table>
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<th>Language</th>
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<tr>
<td>English</td>
<td>Native/Functionally native</td>
<td></td>
</tr>
<tr>
<td>Spanish</td>
<td>Basic</td>
<td></td>
</tr>
</tbody>
</table>

**Military Information**

- Are you committed to fulfill a U.S. military active duty service obligations/deferments? *
  - Yes   No
- Do you have any other service obligations? (e.g. - Military Reserves, Public Health/State programs, etc.) *
  - Yes   No

**Additional Information**

- **Hobbies & Interests**: Running marathons and local road races; playing guitar and piano; travel photography.
  - 425 characters left/510
## Education

### Education

**Institution Name**
Washington University in St. Louis

**Dates Attended**
8/2009 - 5/2013

**Medical Education**

- **Country:** United States
- **Institution:** University of Chicago Division of the Biological Sciences The Pritzker School of Medicine
- **Degree expected or earned:** Yes
- **Degree:** Doctor of Medicine (M.D.)
- **Degree Month:** June
- **Year:** 2019
- **Dates of Education**
  - **From Month:** August
  - **Year:** 2015
  - **To Month:** June
  - **Year:** 2019
Adding a Post-Baccalaureate
### Education (continued)

#### Application

<table>
<thead>
<tr>
<th>Institution Name</th>
<th>Dates Attended</th>
<th>Action</th>
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</thead>
<tbody>
<tr>
<td>University of Chicago Division of the Biological Sciences The Pritzker School of Medicine</td>
<td>02/2015 - 02/2019</td>
<td></td>
</tr>
</tbody>
</table>

**Additional Information**

**Membership in Honorary/Professional Societies**
- Student Member, AAMC

**Medical School Awards**
- Therapeutics (offered to top 25 students in the class). Summer Research Program Joseph P. Kennedy Research Award for Excellence (2017)

**Other Awards/Accomplishments**

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*Image: THE UNIVERSITY OF CHICAGO, The Pritzker School of Medicine*
Experience

Training

Experience

Additional Questions

Was your medical education/training extended or interrupted? *

○ Yes ○ No

Add Entry None
Experience: Adding an Entry (Work Experience)
Experience: Adding an Entry (Research Experience)
Experience: Adding an Entry (Volunteer Experience)
Experience: Adding an Entry (Volunteer Experience #2)
Experience: Adding an Entry (Volunteer Experience #3)
## Experience: Final Screen

<table>
<thead>
<tr>
<th>Experience</th>
<th>Total Month</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research Experience</td>
<td>The University of Chicago Department of Medicine</td>
<td>Research Assistant</td>
<td>12/2016 - 6/2018</td>
</tr>
<tr>
<td>Volunteer Experience</td>
<td>New Life Volunteering Society</td>
<td>Medical Student Volunteer</td>
<td>9/2015 - 5/2017</td>
</tr>
<tr>
<td>Volunteer Experience</td>
<td>Pritzker Emergency Medicine Student Interest Group</td>
<td>Member</td>
<td>9/2015 - 6/2017</td>
</tr>
<tr>
<td>Volunteer Experience</td>
<td>Habitat for Humanity</td>
<td>Field Organizer</td>
<td>8/2013 - 7/2014</td>
</tr>
<tr>
<td>Work Experience</td>
<td>Aon Corporation</td>
<td>Project Assistant</td>
<td>6/2013 - 6/2014</td>
</tr>
<tr>
<td>Research Experience</td>
<td>Washington University in St. Louis</td>
<td>Research Assistant</td>
<td>8/2012 - 5/2013</td>
</tr>
<tr>
<td>Volunteer Experience</td>
<td>Washington University Student Government</td>
<td>President</td>
<td>7/2012 - 6/2013</td>
</tr>
<tr>
<td>Volunteer Experience</td>
<td>Washington University in St. Louis</td>
<td>Teaching Assistant</td>
<td>8/2011 - 12/2011</td>
</tr>
<tr>
<td>Research Experience</td>
<td>Washington University in St. Louis</td>
<td>Research Assistant</td>
<td>7/2010 - 3/2013</td>
</tr>
</tbody>
</table>

### Additional Questions

**Was your medical education/training extended or interrupted?**

- Yes
- No

I took a year off between my MS3 and MS4 years to pursue research in Emergency Medicine. Finalize publications, and dedicate time to a family member undergoing a health crisis.

334/510 characters left.
Licensure: Not Necessary

Application

Personal Information
Bio Info
Education
Experience
Licensure
State Medical License
Additional

Save Licensure

Certify & Submit

None

Additional Questions

Has your medical license ever been suspended/revoked/voluntarily terminated? *

Have you been named in a malpractice case? *

Is there anything in your past history that would limit your ability to be licensed or would limit your ability to receive hospital privileges? *

Have you ever been convicted of a misdemeanor in the United States? *

Have you ever been convicted of a felony in the United States? *

Are you able to carry out the responsibilities of a resident or fellow in the specialties and at the specific training programs to which you are applying, including the functional requirements, cognitive requirements, interpersonal and communication requirements, and attendance requirements with or without reasonable accommodations? *

Are you Board Certified? *

Yes  No  No Response
Guiding Principles for Listing Publications

• Be honest in representing all of your myriad accomplishments—but do not try to pad your application
  – Certain situations will require that you list things twice under two separate categories
  – Use your best judgement, and then…
  – Consult your Career Advisor!

• When it is not reasonable to list multiple similar or identical publications/presentations, list them once under their “highest value”. In order, that is:
  1. Manuscript
  2. Published abstract
  3. Oral presentation
  4. Poster presentation

• National > Regional > Local
FAQs: How to List Publications

Q: For poster presentations, should we list internal conferences like Medical Education Day or SRP?

A: Yes. Include poster presentations given at any formal, organized event, even if they are internal.

Q: If I was listed as an author on a poster or oral presentation but did not present it, should I list it?

A: Yes, you may include it as a poster; annotate who the presenting author was with an asterisk in the author line, or in a description box. Make sure you list the authors in the correct order.

Q: If I am going to do an oral presentation in a month, do I put "anticipated" oral presentations?

A: Yes, you may do that.
FAQs: How to List Publications (continued)

Q: Does my thesis defense count as an oral presentation?

   A: No, it does not count as a separate oral presentation. It will be implied by your PhD.

Q: Do presentations in front of my departments or during rounds count?

   A: No.

Q: Are abstracts considered published if they are published in a conference booklet only?

   A: No, abstracts are not considered published if they are not disseminated beyond the conference. If they were a poster, though, you may put it in the poster section. Do not list things twice (i.e. once in a poster section and once in an abstract section—just list the abstract).

Q: Can I list manuscripts currently in preparation?

   A: No. However, if they have been submitted, you can choose submitted from the drop-down in ERAS. Be prepared to answer any questions about the status of the manuscripts.
### MyERAS Application

**Rebecca Silverman**

**AAMC ID:** 13969272

**Email:** rslilverman@bsd.uchicago.edu

#### Personal Information

- **Name:** Rebecca Silverman
- **AAMC ID:** 13969272
- **Gender:** Female
- **Date of Birth:** 09/11/1987
- **City:** Chicago, IL, USA
- **State:** IL

#### Current Position

**Department:** University of Chicago Division of the Biological Sciences

**Position:** Preceptor of Undergraduate Students

**Start Date:** 04/2012

**End Date:** Present

**Salary:** Not Specified

#### Educational Background

- **Undergraduate:** University of Chicago, Chicago, IL, USA
  - **Major:** Biology
  - **Degree:** BA
  - **Start Date:** 09/2004
  - **End Date:** 06/2008

- **Graduate:** Case Western Reserve University, Cleveland, OH, USA
  - **Major:** Medical Science
  - **Degree:** MS
  - **Start Date:** 09/2008
  - **End Date:** 06/2010

####和睦 Experience

1. **ERAS Experience**
   - **Organization:** Boston Children’s Hospital
   - **Position:** Research Assistant
   - **Start Date:** 01/2011
   - **End Date:** 12/2011
   - ** Responsibilities:**
     - Participated in the NHLBI funded study.
     - Performed in a clinical setting.

2. **Research Experience**
   - **Organization:** University of Chicago, Chicago, IL, USA
   - **Position:** Research Assistant
   - **Start Date:** 09/2012
   - **End Date:** Present
   - ** Responsibilities:**
     - Participated in a project focused on cardiovascular research.
     - Collaborated with interdisciplinary teams.

3. **Volunteer Experience**
   - **Organization:** Chicago Children’s Hospital
   - **Position:** Volunteer
   - **Start Date:** 09/2010
   - **End Date:** 06/2011
   - ** Responsibilities:**
     - Assisted in clinical settings.
     - Provided educational support to patients.

#### Publications

- **Title:** The Impact of Diet on Cardiovascular Health
  - **Authors:** Rebecca Silverman, et al.
  - **Journal:** American Journal of Human Genetics
  - **Year:** 2012

#### Awards and Honors

- **Award:** Best Research Paper Award, University of Chicago, 2010

#### Professional Development

- **Courses:**
  - Cardiac Biology, University of Chicago
  - Advanced Research Methods, Case Western Reserve University

#### Professional Memberships

- **American Heart Association
- **American College of Cardiology
- **Chicago Medical Society

#### Contact Information

**Phone:** 312-702-3666

**Email:** rslilverman@bsd.uchicago.edu

**Address:**
- **Permanent:** 1000 E. 57th St, Chicago, IL 60637
- **Mailing:** 111 E. 33rd St, Chicago, IL 60616

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**View/Print ERAS Application or CV for Proofreading**
Documents
Documents: Personal Statements

You may create as many personal statements as needed, but only one may be assigned to each program.

Create New

You have not added any Personal Statements. Click 'Create New' to add a Personal Statement.
Years ago, I was involved in a junior version of the Rube Goldberg Competition. Participants in this annual national engineering contest work within a set of parameters to design the most creative device possible that accomplishes a basic task such as placing a ball into a cup. My team always did well. However, it is the countless hours spent brainstorming, exciting energy exchanges, and creative engineering solutions that I am most fond of. The exhilarating rush of working with a team to generate a detailed plan for a problem and adapting it as new challenges arose was indescribable. Even then, I knew that I wanted a career that recreated that “rush.” I found what I was looking for in internal medicine.

My fascination with medicine began with my father. Over a decade ago, he suffered a ‘widow maker’ heart attack. Thanks to the prompt medical care he received at the hands of skilled physicians, he survived. Since that day, I have curiously observed as my father’s physicians have worked to scientifically and strategically optimize his health. My father’s ongoing journey has been an inspiration for my career as well as my research interests. It has been a privilege applying the lessons I have learned from him about patient care to the care of my own patients. For instance, as a student, it is a powerful feeling to know that the trust you have forged with a shy twenty-two year old has freed him to speak candidly with you about his sexual history—particularly when the subsequent testing is acknowledged by saying, “The fear of the unknown is still present, but the fear of knowing has been replaced by understanding and acceptance.”
Years ago, I was involved in a junior review of the Robb Goldberg Competition. Participants in this annual national engineering contest work within a set of parameters to design the most creative device possible that accomplishes a basic task such as plugging a ball into a cup. I always did well. However, on my creative tasks and brainstorming, creating energy exchanges, and creating engineering solutions that I was most fond of. I was cultivating my talent into working in a team to generate a detailed plan for a problem and adapting to new challenges, since this was in Afghanistan. From then, I knew that I created a career that exceeded that "any." I found what I was looking for in Internal Medicine.

My fascination with Medicine began with my father. Over a decade ago, he suffered a "shock induced" heart attack. Thanks to the prompt medical care received at the hands of skilled physicians, he survived. Since that day, I have naturally observed my father’s physicians and have worked to scientifically and spiritually optimize his health. My father’s ongoing care has been an inspiration for my career as well as my research interests. It has been a privilege applying the lessons I have learned from him about patient care to the care of my own patients.

Furthermore, as a matter, it is a powerful feeling to know that the trust you have shared with a twenty-four-year-old has been fulfilled to speak candidly with you about your health matters—particularly when the subsequent testing is dependably revealing. The trust of the young man’s IVP, I emphasize, the dedication, teamwork, and professionalism necessary to effectively address the complications in Medicine. Withholding a knowledge of great benefit and dignity, my colleagues and attending physicians have addressed a multitude of medical and social issues with confidence and compassion. These are the physicians I want caring for my own father and the kind I aspire to become.

Communicating with any patient the fine points of their hospital course has been one of the most gratifying aspects of working directly in the recovery room. Sharing opportunities to discuss with colleagues the details of my findings. Teaching others on the involved services and understanding the operations ensure that everyone understands essential components of care in the future. I discovered an early career as a surgical intern, swelling, and developing the techniques of my career over months and years. In the years into training, protocols have been developed and refined; to this day I strive to understand and analyze outcomes. The hospital, I have been able to achieve the same sense of satisfaction by working to enhance my patients' awareness of their health problems. Coming from a family of doctors, it is the abundance of opportunities to teach, advocate, and directly impact the lives of others that draws me to the field of Internal Medicine.

It has been over ten years, but I still see a range of students when I reflect upon my Robb Goldberg days. The patience, dedication, optimism, and leadership that this rewarding experience demonstrated are the same qualities that are rewarded daily by my mentors in Medicine. As a resident, I hope to pursue an academic career in which I can reach the next generation of physicians while continuing to research my interests in improving outcomes following cardiac arrest and resuscitation. It is an honor to know that I am on the cusp of a career that will eventually mean that Robb Goldberg "yeah." Thus, it is with great enthusiasm that I look ahead to my next chapter in training as a resident in Internal Medicine.
Documents: Personal Statements (Continued)
Documents: LORs

Letters of Recommendation

In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for each LoR that you intend to use during the application season.

1. Click Add New to enter and save LoR information.
2. Confirm the LoR entry by marking the associated checkbox and selecting Only checked in the Confirm drop down list.
   Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select Download Letter Request or Email Letter Request in the associated Action column to provide your LoR Author with the form.

You have not added any LoR Authors. Click Add New to add an LoR Author.
Documents: LORs (continued)
Documents: LORs (continued)
Documents: LORs (continued) | Confirm your LOR

Confirm Letters of Recommendation

Are you certain that you want to confirm the selected LOR Author(s) to upload? Once confirmed, an LOR Author entry cannot be deleted or otherwise modified.

MyERAS Password: *

[Options: Cancel, Confirm]

In order for an LOR Author to upload a letter on your behalf, you MUST complete the following steps for each LOR that you intend to use during the application season:

1. Click Add New to enter and save LOR Information.
2. Confirm the LOR entry by marking the associated checkbox and selecting Only checked in the Confirm drop-down list.
   Note: You may only edit and/or delete a LOR entry prior to confirming.
3. Select Download Letter Request or Email Letter Request in the associated Action column to provide your LOR Author with the form.

2 LORs Selected

<table>
<thead>
<tr>
<th>LOR Information</th>
<th>Specialty</th>
<th>Letter ID</th>
<th>Status</th>
<th>Actions</th>
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</thead>
<tbody>
<tr>
<td>H. Banett Fromme, MD, MHP - Professor of Pediatrics</td>
<td>Preliminary Programs</td>
<td></td>
<td>Not Confirmed for Upload</td>
<td>Select</td>
</tr>
<tr>
<td>H. Banett Fromme, MD, MHP - Professor of Pediatrics</td>
<td>Anesthesiology</td>
<td></td>
<td>Not Confirmed for Upload</td>
<td>Select</td>
</tr>
</tbody>
</table>
Letters of Recommendation

In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for each LoR that you intend to use during the application season.

1. Click Add New to enter and save LoR information.
2. Confirm the LoR entry by marking the associated checkbox and selecting Only checked in the Confirm drop down list.
   Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select Download Letter Request or Email Letter Request in the associated Action column to provide your LoR Author with the form.
Documents: LORs (continued) | Email a Letter Request Form

Email Letter Request

* Indicates required field.

To send the letter request email, please complete the following steps:

1. Review the LoR information and Specialty for accuracy.
2. Enter the LoR Author's email address.
3. Enter a LoR request message for the LoR Author or use the default message.
4. Click ‘Preview’ to view the email details the LoR Author will receive.

LoR Information

- Specialty:
  - Preliminary Programs

LoR Author's email address:*

hfromme@peds.bsd.uchicago.edu

LoR Request Message:*

Hi Dr. Fromme,

Thank you so much for agreeing to write me a letter of recommendation! I would appreciate if you could upload your letter by September 1 to ensure I can submit my application on time. Here are the formal instructions:

I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoRs to the residency programs to which I am applying.

Sincerely,

[588 characters left]
Documents: LORs (continued) | Email a Letter Request Form

Letter Request Email Preview

This preview allows you to view the letter request email the LOR Author will receive when you click Send.

To: hformme@peds.bsd.uic.edu
From: norozv@aamc.org
Subject: ERAS Letter of Recommendation Request

ERAS Letter of Recommendation (LoR) Request

ERAS Application Season: 2019
ERAS Letter ID: 73PTJUEE3

Hi Dr. Fromme, Thank you so much for agreeing to write me a letter of recommendation! I would appreciate if you could upload your letter by September 1 to ensure I can submit my application on time. Here are the formal instructions. I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoR(s) to the residency programs to which I am applying.

The Electronic Residency Application Service (ERAS) Letter of Recommendation Portal (LoRP) is a centralized service that allows LoR Authors to upload LoRs for applicants applying to ERAS residency programs. ERAS has established a set of guidelines that should be reviewed prior to writing and uploading LoRs using the...
ERAS Letter of Recommendation (LoR) Request

ERAS Application Season: 2019
ERAS Letter ID: 75PT2UU3

I am requesting that you submit my Letter of Recommendation (LoR) to the Electronic Residency Application Service (ERAS), which transmits my LoR(s) to the residency programs to which I am applying.

ERAS Letter of Recommendation Portal (LoRP)

The ERAS Letter of Recommendation Portal (LoRP) is a centralized service that allows LoR Authors to upload LoRs for applicants applying to ERAS residency programs. ERAS has established a set of guidelines that should be reviewed prior to writing and uploading LoRs using the LoRP.

For more information about the LoRP guidelines, additional resources, and to access the LoRP login, please visit https://www.aamc.org/services/eras/282520/lor_portal.html.

- Review the information below. If any information is inaccurate, contact the applicant directly so they can make corrections.
- Login to the ERAS LoRP to upload this letter using the unique ERAS Letter ID above.

Applicant Details

Name: Silverman, Rebecca
AAMC ID: 13099272
Preferred Phone Number: 773-702-3333
Preferred Email: rsilverman@bsd.uchicago.edu

LoR Details

LoR Author Name: H. Barrett Fromme, MD, MHPE
LoR Author Title/Department: Professor of Pediatrics
## Additional Documents

<table>
<thead>
<tr>
<th>Document</th>
<th>Status</th>
<th>Actions</th>
</tr>
</thead>
<tbody>
<tr>
<td>USMLE Transcript</td>
<td>Not Authenticated</td>
<td>Select</td>
</tr>
<tr>
<td>Medical Student Performance Evaluation (MSPE)</td>
<td>Not Uploaded</td>
<td>No Available Action</td>
</tr>
<tr>
<td>Medical School Transcript</td>
<td>Not Uploaded</td>
<td></td>
</tr>
<tr>
<td>Photo</td>
<td>Not Uploaded</td>
<td></td>
</tr>
</tbody>
</table>

- Student
- PSOM (by 10/1)
- PSOM
- Student
USMLE Transcripts

Three steps to releasing your scores:

1. Authorize release through ERAS to sync current scores

2. Assign the USMLE score to a specific program (under the Programs section)

3. Once you receive updated Step 2 scores, go back into MyERAS and retransmit your scores
   - Think strategically about when or whether you want to release your Step 2 scores—discuss this with your Career Advisor or Dr. Woodruff.
Programs
AAMC Apply Smart data

Apply Smart: New Data to Consider

Your likelihood of securing residency training depends on many factors. One of many considerations is the number of residency programs you apply to.

As you consider the number of residency programs to apply to, you should do so in light of your complete application and personal circumstances. But you may not know where to start the process.

So researchers at the AAMC conducted a study with the goal of helping anchor your initial thinking about the optimal number of applications. They wondered if there was a point at which the relationship between the number of applications submitted and the likelihood of entry into residency changes. The researchers investigated whether there is a point of diminishing returns—a point at which the value added by submitting one additional application is reduced relative to the value added by each application before reaching the point of diminishing returns.

Study methodology

The researchers used data from applicants who applied through the AAMC Electronic Residency Application Service® (ERAS®) to residency programs in select specialties from 2011 to 2016. The exceptions are

https://students-residents.aamc.org/applying-residency/article/apply-smart-data-consider/
When using the Apply Smart data, remember…

• No advice is one-size-fits-all.

• You may receive different advice from different advisors or mentors.
  – This is a complex process with multiple possible approaches and a high degree of uncertainty.
  – This happens all the time in life, not just in residency advising!

• Use all data and advice at your disposal to make the best decisions for you.
This is an NRMP ID, *not* an Accreditation ID. If you are looking up a program by number and not finding it, it’s likely to be an NRMP ID. We recommend searching by specialty instead.
Programs (searching by specialty)

<table>
<thead>
<tr>
<th>Program Name</th>
<th>City</th>
<th>State</th>
<th>Accreditation ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocate Health Care (Advocate Illinois Masonic Medical Center) Program</td>
<td>Chicago</td>
<td>Illinois</td>
<td>040162</td>
</tr>
<tr>
<td>Training Name</td>
<td>NRBIP Program Code</td>
<td>Training Type</td>
<td></td>
</tr>
<tr>
<td>Anesthesiology</td>
<td>211750020</td>
<td>Categorical</td>
<td></td>
</tr>
<tr>
<td>Anesthesiology</td>
<td>211750020</td>
<td>Categorical</td>
<td></td>
</tr>
</tbody>
</table>

| Cook County Health and Hospitals System Program | Chicago | Illinois | 040162038 | Participating |
| Training Name | NRBIP Program Code | Training Type |
| CA1 PCY 2 Track | 112760000 | Training Type for Physician Only |
| Anesthesiology | 112760000 | Categorical |

| Loyal's Mercy Medical Center Program | Maywood | Illinois | 0401611046 | Participating |
| Training Name | NRBIP Program Code | Training Type |
| Anesthesiology | 117000090 | Advanced |
| Anesthesiology | 117000090 | Categorical |

Filter by Training Type:
- View All
- Advanced
- Categorical
- Preliminary
- Reserved for Physician Only
- Categorical (Osteopathic)
Saving Programs
Assigning Documents

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Specialty</th>
<th>City</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Loyola University Medical Center Program</td>
<td>Anesthesiology</td>
<td>Maywood</td>
<td>Illinois</td>
</tr>
<tr>
<td>McGaw Medical Center of Northwestern University Program</td>
<td>Anesthesiology</td>
<td>Chicago</td>
<td>Illinois</td>
</tr>
<tr>
<td>Rush University Medical Center Program</td>
<td>Anesthesiology</td>
<td>Chicago</td>
<td>Illinois</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Training Name</th>
<th>NRMP Program Code</th>
<th>Training Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anesthesiology</td>
<td>1170045002</td>
<td>Categorical</td>
</tr>
<tr>
<td>Anesthesiology</td>
<td>1147045002</td>
<td>Advanced</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Select</td>
</tr>
</tbody>
</table>

---

61
Assigning Documents

Programs
- Search Programs
- Saved Programs
- Programs Applied To
- Programs Withdrawn From
- Payment History
- Assignments
- Checklist
- Assignments Report

Assign Documents For Loyola University Medical Center Program (Anesthesiology)

- Letters of Recommendation - Select up to 4 (four)
  - Note: LoR Authors must be confirmed on the Documents/Letters of Recommendation page and the LoR must be uploaded to the ERAS PostOffice by the LoR Author via the ERAS LoR Portal (LoRP) in order to assign it to a program. The LoR checkbox will remain disabled until both of these requirements are met. To confirm an LoR Author, return to the Documents/Letters of Recommendation tab. The table on that page will display the status of the letter. For questions regarding the status of your documents, please contact the letter author.

<table>
<thead>
<tr>
<th>LoR Information</th>
<th>Specialty</th>
<th>Letter ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>H. Barrett Fromme, MD, MHPE - Professor of Pediatrics</td>
<td>Preliminary Programs</td>
<td>75PT2UE3</td>
</tr>
<tr>
<td>H. Barrett Fromme, MD, MPH - Professor of Pediatrics</td>
<td>Anesthesiology</td>
<td>75PT2UE4</td>
</tr>
</tbody>
</table>

- Personal Statements - Select 1 (one)
  - Personal Statement (Prelim Programs)

- Additional Documents - Select all that apply
  - You have not Authorized Release of USMLE yet. Please Authorize Release of USMLE
  - Photo
Assigning Documents

• If you do not see an LOR listed, you probably did not “confirm” it in the LOR section.

• You cannot assign an LOR until it has been uploaded.

• Only YOU can see how you’ve titled the LORs, so make sure they are clearly labeled.
Assignment Report

MyERAS ERAS 2019 Season - Residency

Assignments Report

Saved Programs

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Specialty</th>
<th>City</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Loyola University Medical Center Program</td>
<td>Anesthesiology (ACGME)</td>
<td>Maywood</td>
<td>Illinois</td>
</tr>
<tr>
<td>Program Director Dr. Michael T. Wisanen M.D.</td>
<td>Phone 7082199169</td>
<td>Email <a href="mailto:jullemin@lumc.edu">jullemin@lumc.edu</a></td>
<td></td>
</tr>
<tr>
<td>Anesthesiology (NRMP Program Code: 11790456) (Categorical)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Photo</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Personal Statement (Preliminary Programs)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Specialty</th>
<th>City</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>McGaw Medical Center of Northwestern University Program</td>
<td>Anesthesiology (ACGME)</td>
<td>Chicago</td>
<td>Illinois</td>
</tr>
<tr>
<td>Program Director Dr. Louis D. Casale MD</td>
<td>Phone 3126951250</td>
<td>Email <a href="mailto:dcell@nm.org">dcell@nm.org</a></td>
<td></td>
</tr>
<tr>
<td>Anesthesiology(Year 1 (NRMP Program Code: 22470404) (Advanced)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Photo</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Personal Statement (Preliminary Programs)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Fees
2018-19 ERAS Fees

Base Fee, 1-10 applications to a specialty $99

Applications 11-20 $14 each

Applications 21-30 $18 each

Applications > 31 $26 each

USMLE Transcript Fee $80

• Example 1
  – 30 Emergency Medicine programs: [$99.00 + (10 x $14.00) + (10 x $18.00)] = $419

• Example 2
  – 20 OB/GYN programs [$99.00 + (10 X $14.00)] + 10 Family Medicine programs [$99.00] = $338
## 2018-19 NRMP Fees

<table>
<thead>
<tr>
<th>Fee Type</th>
<th>Fee Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Base Fee</td>
<td>$85 for 20 ranks</td>
</tr>
<tr>
<td>Late registration fee</td>
<td>$50 if you register after November 30</td>
</tr>
<tr>
<td>Couples</td>
<td>$25 per partner</td>
</tr>
<tr>
<td>Additional Programs</td>
<td>$30 for every program ranked above 20 ranks</td>
</tr>
</tbody>
</table>

From the NRMP: *The NRMP also has capped at 300 the number of ranks allowed for individual applicants and applicants participating in the Match as a couple. In addition… there will be a new Length of Rank Order List Fee. Lists with 100 or more ranks will incur stepped fees, up to a maximum of $200 until the 300 rank cap is reached. These changes are being made to prevent applicants from entering over-long ROLs, some of which have exceeded 700 ranks without any apparent benefit to the applicants’ Match outcome.*
Pritzker 2017-18 Data

Data from our annual post-Match survey

9. How much money do you estimate that you spent applying and interviewing during the residency application season (including application, travel, and hotel costs)? Please round to the nearest $10.

<table>
<thead>
<tr>
<th>Statistic</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Mean</td>
<td>3,051</td>
</tr>
<tr>
<td>Median</td>
<td>3,000</td>
</tr>
<tr>
<td>Mode</td>
<td>3,000</td>
</tr>
<tr>
<td>Standard Deviation</td>
<td>2,040</td>
</tr>
<tr>
<td>Valid Responses</td>
<td>82</td>
</tr>
<tr>
<td>Total Responses</td>
<td>82</td>
</tr>
</tbody>
</table>

Bethany in Financial Aid is here to work with you to help with these costs. Also, look out for info on our free alumni hosting program when traveling for interviews!
Certify and Submit

Application Checklist

Carefully review the information below. All required fields must be completed and each section of the application must be saved in order to certify and submit your application.

Personal Information  Saved
  - At least one non-required field was left blank.

Biographic Information  Saved
  - At least one non-required field was left blank.

Education  Saved

Experience  Saved
  - None has been selected for Training entry
  - At least one non-required field was left blank.

Licensure  Saved
  - None has been selected for State Medical Licenses entry
  - At least one non-required field was left blank.

Publications  Saved

Continue ▶
Certify and Submit

<table>
<thead>
<tr>
<th>Application</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Information</td>
</tr>
<tr>
<td>Bio</td>
</tr>
<tr>
<td>Info</td>
</tr>
<tr>
<td>Edu</td>
</tr>
<tr>
<td>Exp</td>
</tr>
<tr>
<td>Lic</td>
</tr>
<tr>
<td>Pub</td>
</tr>
<tr>
<td>Certify &amp; Submit</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>State Medical Licenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medical Education</th>
</tr>
</thead>
<tbody>
<tr>
<td>Institution &amp; Location</td>
</tr>
<tr>
<td>University of Chicago Division of the Biological Sciences, The Pritzker School of Medicine, USA</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medical Education Training</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extended or Interrupted?</td>
</tr>
<tr>
<td>Explanation</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medical School Honors/Awards</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peer Educator for winter 2017 Clinical Pathophysiology and Therapeutics (offered to top 25 students in class); Summer Research Program Award for Overall Excellence in Scientific Quality, Content, and Ability to Answer Questions (2015)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Membership in Honorary/Professional Societies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Member, American College of Physicians</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Education</th>
</tr>
</thead>
<tbody>
<tr>
<td>Undergraduate Institution &amp; Location</td>
</tr>
<tr>
<td>Other</td>
</tr>
<tr>
<td>Galcer College Tousin, MD</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Current/Prior Training</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Experience Organization &amp; Location</td>
</tr>
<tr>
<td>Volunteer Experience</td>
</tr>
</tbody>
</table>
Certify & Submit

MyERAS Application Release

Do you give your Designated Dean’s Office permission to view your application once it has been submitted? *

- Yes
- No

Certify *

I certify that the information contained within the MyERAS application is complete and accurate to the best of my knowledge. I understand that any false or missing information may disqualify me from consideration for a position, may result in an investigation by the AAMC per the attached policy (PDF), may also result in expulsion from ERAS, or if employed, may constitute cause for termination from the program. I also understand and agree to the AAMC Web Site Terms and Conditions and to the AAMC Privacy Statement and the AAMC Policies Regarding the Collection, Use and Dissemination of Resident, Intern, Fellow, and Residency, Internship, and Fellowship Application Data (attached policy, PDF) and to these AAMC’s collection and other processing of my personal data according to these privacy policies. In addition, I consent to the transfer of my personal data to AAMC in the United States, to those residency programs in the United States and Canada that I select through my application, and to other third parties as stated in these Privacy Policies.

Certified by: Doe, Jack, R.            Date: Sep 6, 2017

Submit

Password *
Adding Programs After September 15

You can add programs after you have submitted your ERAS application,

but you must re-assign your USMLE scores and photo
Top 5 ERAS Points

1. Hit “Save” all of the time, and proofread.
   - View your ERAS application in both CV and “application” formats
   - Print your Assignment Report and make sure you assigned all your documents

2. Remember to click the final “Certify and Submit” button between September 5-15, and have your credit card ready! (We will send a reminder. Many reminders.)

3. Be deliberate when naming and assigning your letters and personal statements.

4. Track the status of your LORs and assign LORs to programs once they arrive.

5. You can add programs after Sept. 15, but be sure to re-assign your documents and USMLE scores.
Upcoming Class Meetings

September 25  MS4 Class Meeting #3: Interviewing for Residency
January 22, 2019 MS4 Class Meeting #4: Preparing your Rank List
March 15, 2019 Match Day!